

Please note the following scheduling announcements:



- **There will be no Flexercise class on Friday, Sept. 28.**
- **Effective October 2, the Hand & Foot Card Game will be offered the 1st, 3rd and 5th Tuesdays from 9:15am-1:15pm (new time).**
- **Effective October 2, our painting class will be offered each Tuesday from 1:45-3:45pm (new time).**
- **There will be no regular noon meal on Friday, October 19. Join us for our Oktoberfest Celebration instead. See the October newsletter p. 5 for more information.**
- **There will be no regular noon meal on Wednesday, October 31. Join us for our Halloween Hootenanny instead. See the October newsletter p. 1 for more information.**