

Please note the following scheduling announcements:



- **There will be no regular noon meal on Wednesday, October 31. Join us for our Halloween Hootenanny instead. See the October newsletter p. 1 for more information.**
- **There will be no regular noon meal on Thursday, November 8. Order your hoagie today! (More information on p. 1)**
- **There will be no Sit, Stretch, Flex on Thursday, Nov. 15.**
- **We will be closed Nov. 22 & 23. There will be no Meals on Wheels deliveries.**