

August/September 2026

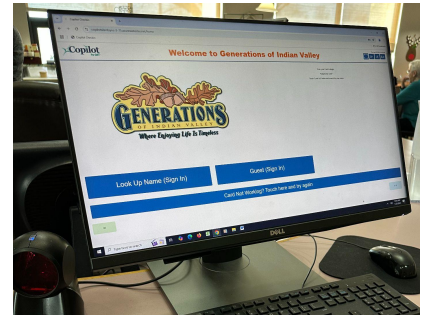
Welcome to “H.O.M.E.”

Helping Organize Meaningful Experiences

Generations of Indian Valley is a 501(c)(3) non-profit community center serving active senior adults in Souderton, Telford, Franconia, and the surrounding communities with programs in wellness, nutrition, social services, recreation, travel, and more. Generations’ Meals on Wheels program serves the Indian Valley and North Penn areas.

Generations is:

a place of welcome and friendship for active adults
a community of people committed to learning, growth, and mutual support
a gathering, where the needs and joys of the community can be shared
a spirit of partnership and caring which lasts from generation to generation



SIGN IN at one of our entrance kiosks every time you stop by!

AUGUST/SEPT. HIGHLIGHTS:

Look for more details in our full newsletter about these upcoming special events. (The number after the event is the newsletter page where you can find more info.)

Massage Mondays (12)
Generations Gear Orders (2)
Counseling for Every Day Struggles (7)
Acupuncture Mondays at 11am (12)
Fun & Games Thursdays (8)
Bingo 2nd & 4th Tuesdays (8)
Farm Market Voucher Info (6)
Painting for Kids 2nd & 4th Thur (3)
8/10: Peyton Heart Workshop (4)
8/12 & 9/9: Recipe Swaps (9)
8/12: Wildwood Days Lunch (1)
8/13: Brain Healthy Habits (4)
8/14: Listen Up with Hunter (3)
8/14 & 9/11: Community Dances (8)
8/18: Trivia at Ten (4)
8/19: Movie Matinee:
Death on the Nile (4)
8/26: Book Club: A Man Called Ove (4)
8/28: Rightsize Your Life (5)
9/2: Dance & Sing Along Karaoke (5)
9/3: Estate Planning with John (5)
9/4: Name That Tune (5)
9/9: Philly Fever Lunch (1)
9/11: Prevent Scams & Fraud (4)
9/14: Address Incontinence (5)
9/15: Movie: A Man Called Otto (5)
9/16: Scaling Down (5)
9/21: Healthy Cooking for One (6)
9/23: Crafternoon: Tshirt Tote (6)
9/24: Book Club: Queens of Crime (6)
9/25: Digital Literacy:
Social Security Website (6)

NOTES:

We have Generations H.O.M.E. Team volunteers should you need assistance getting acquainted here. **H.O.M.E. is an acronym for “Helping Organize Meaningful Experiences.”**

Within your first month of joining, please stop by and see Donna, Amy, or Emily to **get your photo taken** (It’s just for identification - we won’t share or post it). Here you can also receive a name tag (optional).

Please note our **payment policies** for both in-house events (p. 1) and trips (p. 15) in our full newsletter.

Please use the **coat room or racks** provided to hang up your coat and hat (and not the back of your chair).

Please follow the directional arrows when using our **parking lot**. If going on a trip, please utilize the lower (South) parking lot of the Perseverance Fire Co.

See our full newsletter for important information like **schedule changes, and text opt-in guidelines**.

NEW PARTICIPANTS:

Sandy Anderson

Jane Balser

Karen Beck

Marsha

Berger-Grant

Dawn Blake

Sandy Brooks

Debra Buckner

Audrey “Judy”
Burns

Sherry Campbell

Dorothy Eckert

E. Thomas Evans

Diane Dorko

Karen Dunlap

Kimberly Gray

Joseph Forte

Cynthia Hagan

Sharon

Hendricks

Jane Holland

Linda Johnson

Judy Kraus

Dianne Kulp

Janice Lewis

Julia Lewis

Victor Lewis

Wendy Mailman

Robert (Bob)
Morrison

Byron Long

Janis Long

Carol Mattern

Doug McLaughlin

Linda Rooney

Andy Ross

Diane Ross

Loretta Rudacille

Teresa Maida

Eileen Mondeaux

Cleon Moyer

Michele

Newsome

Douglas Pfleiger

Marianne

Raifsnider

Donna Ricci

Joseph Ricci

Lesa

Taylor-Tredinnick

Wanda Swavely

Linda Tulino

Lizz Van Allen

William Waters

Participants on our H.O.M.E. Team are available to give tours, attend programs, answer questions, or just chat! If you would like to be contacted by someone on our H.O.M.E. Team, please let us know!

H.O.M.E. RUNS AT GENERATIONS

Helping Organize Meaningful Experiences



Last fall, the Montgomery County Department of Health and Human Services asked regular Participants what advice they would give to someone who is thinking about visiting Generations. Linda Love (pictured at left), who frequents our fitness classes and also leads the charge to organize our monthly community dances said, “My advice would be, come with me! Find out that you can make friends and even find people you used to know. How we fit in, and our connection to our community has a lot to do with our physical and mental health. You can find that community and connection here. It’s so much better than being at home!”

FREQUENTLY ASKED QUESTIONS

Q: What is the fee for membership?

A: First, we call you “participants,” not members. We ask for a voluntary contribution upon joining (suggested \$20). We then send out requests for additional voluntary contributions throughout the year. In accordance with our contract with Montgomery County Office of Aging Services, we don’t tie your participation here to a membership fee.

Q: Where does your funding come from?

A: Part of our funding comes from the Montgomery County Office of Aging Services. Additional funding is provided by foundation grants, municipal support, fundraising projects/events, corporate contributions and YOUR individual contributions.

Q: What are the requirements for joining?

A: Participants must be 55 years of age or older, able to comport themselves in an appropriate and non-disruptive manner, and able to exit our building and handle all cognitive, toileting, and personal care needs independently. Participants who cannot meet these requirements must bring a companion to assist them during their visit. Our staff and volunteers are unable to provide direct care or 1:1 support for participants.

Q: What other fees are involved?

A: Many of our programs are offered for free, at a low cost, or by voluntary donation. Fees for certain special events, fundraisers, trips, and programs may apply. If a fee applies, it will be noted in the event listing in our full newsletter.

WHY DO WE DO THAT?

Why do we ask you to sign in?

~It helps us with our funding!
When we apply for grants and various funding, we pull participation data - such as volunteer hours, number of people who visited the Café, and even how many people came for a card game - directly from the “Copilot” system where you sign in.

~When we send out an “auto call” for a reminder or cancellation, we often generate the call list from the “Copilot” system.

~When you sign in, it tells us exactly who is or was in our building on a given day. And if you normally sign in, but haven’t for a while, we know that it might be time to reach out.

FUN FACT!

Check out this percentage breakdown of our participants by age!
44% are ages 70-79; 39% are ages 80+ ;
15% are ages 60-69; 2% are ages 50-59