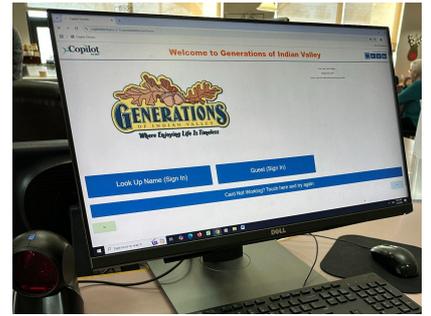


Welcome to "H.O.M.E."

Helping Organize Meaningful Experiences

We are thankful that you are here! Generations of Indian Valley is a place of welcome and friendship for active adults. We are a community of people committed to learning, growing and giving mutual support to one another. Generations is a gathering place where the needs and joys of the community can be shared. The staff, volunteers and our participants embrace a spirit of partnership and caring which lasts . . . from generation to generation.



SIGN IN at one of our entrance kiosks every time you stop by!

FEB/MAR HIGHLIGHTS:

NOTES:

NEW PARTICIPANTS:

Look for more details in our full newsletter about these upcoming special events. (The number after the event is the newsletter page where you can find more info.).

- Massage Mondays (12)
- Counseling for Every Day Struggles (7)
- Tax Aide Appointments (3)
- Acupuncture: Mondays at 11am (12)
- Meditation: Mondays, 10am (12)
- Functional Fitness & Balance (14)
- Women Who Shaped America: Mondays at 10am in Feb. & Mar. (4)
- Chat About Discussion Group: Select Fridays in Feb. & Mar. (4)
- 2/20: Trivia at Ten (5)
- 2/24, 3/10 & 3/24: Bingo (8)
- 3/2: Nutrition & Colon Health (5)
- 3/5: Dialogue without Frontiers (5)
- 3/5 & 3/6: Safe Driving Classes (5)
- 3/6: Music Bingo (4)
- 3/6: Hoagie Sale Orders Due (3)
- 3/11: Windowsill Garden Workshop (5)
- 3/11: Recipe Swap: Sweet & Savory Breads (9)
- 3/13: Hoagie Sale Order Pick Up (3)
- 3/13: Name That Tune (5)
- 3/13: Community Dance (3)
- 3/17: Movie Matinee: Wicked For Good - Part 2 (6)
- 3/20: Shamrocks & Shenanigans (1)
- 3/25: Bulletproof Your Neck (5)
- 3/26: Book Club Discussion: A Walk in the Woods (6)
- 3/27: Digital Literacy: Cable TV vs Streaming TV (6)
- 4/25: Laughing Matters Comedy Night Fundraiser (1)

We have Generations H.O.M.E. Team volunteers should you need **assistance getting acquainted** here. **H.O.M.E. is an acronym for "Helping Organize Meaningful Experiences."**

Within your first month of joining, please stop by and see Donna, Amy, or Emily to **get your photo taken and receive your name tag.** (It's just for identification - we won't share or post it).

Please note our **payment policies** for both in-house events (p. 1) and trips (p. 15) in our full newsletter.

Please use the **coat room or racks** provided to hang up your coat and hat (and not the back of your chair).

Please follow the directional arrows when using our **parking lot.** If going on a trip, please utilize the lower (South) parking lot of the Perseverance Fire Co.

See our full newsletter for important info. like our **winter weather policy, schedule changes, and text opt-in guidelines.**

Kriss Alderfer
 Jerri Boarts
 Pauline Braun
 Lisa Caulfield
 Barbara Cressman
 Jolyn Cwynar
 Deb Dart
 Hilda Ennis
 Cindy Gillen
 G. Drew Heckler
 Vickie Heckler
 Doug Kohler
 Elizabeth Kohler
 Nancy Kolkebeck
 Kathy Kravitz
 Diane Linden
 Mark Long

Mary Malone
 Ray Morrow
 Leanne Newton
 Andy McCulley
 Susan McCulley
 Theresa Morrow
 Janet Moyer
 Margaret Sanderson
 Morgan Sharkey
 Kathy Short
 Robert Stanley
 Kenneth Texter
 Zdenek (Den) Vykopal
 Nancy Wasekanes

Participants on our H.O.M.E. Team are available to give tours, attend programs, answer questions, or just chat! If you would like to be contacted by someone on our H.O.M.E. Team, please let us know!

H.O.M.E. Again, H.O.M.E Again

Helping Organize Meaningful Experiences



Maggie started coming to Generations in 2026 and has hit the ground running! She began volunteering in our kitchen, assisting with Meals on Wheels preparation and special events. When she's not volunteering or enjoying the fantastic meals here, Maggie has gotten so much out of the engaging programs here, which she finds so helpful and relevant. Some examples have been our recent digital literacy program about A.I., the "Chat About" program, and even the Safe Driving classes. Maggie says there is something for everyone here, and she really hopes to recruit more friends to join!

FREQUENTLY ASKED QUESTIONS

Q: What is the fee for membership?

A: First, we call you "participants," not members. We ask for a voluntary contribution upon joining (suggested \$20). We then send out requests for additional voluntary contributions throughout the year. In accordance with our contract with Montgomery County Office of Aging Services, we don't tie your participation here to a membership fee.

Q: Where does your funding come from?

A: Part of our funding comes from the Montgomery County Office of Aging Services. Additional funding is provided by foundation grants, municipal support, fundraising projects/events, corporate contributions and YOUR individual contributions.

Q: What are the requirements for joining?

A: Participants must be 55 years of age or older, able to comport themselves in an appropriate and non-disruptive manner, and able to exit our building and handle all cognitive, toileting, and personal care needs independently. Participants who cannot meet these requirements are welcome to bring a companion to assist them during their visit. Our staff and volunteers are unable to provide direct care or 1:1 support for participants.

Q: What other fees are involved?

A: Many of our programs are offered for free, at a low cost, or by voluntary donation. Fees for certain special events, fundraisers, trips, and programs may apply. If a fee applies, it will be noted in the event listing in our full newsletter.

WHY DO WE DO THAT?

Why do we ask you to sign in?

~It helps us with our funding!
When we apply for grants and various funding, we pull participation data - such as volunteer hours, number of people who visited the Cafe, and even how many people came for a card game - directly from the "Copilot" system where you sign in.

~When we send out an "auto call" for a reminder or cancellation, we often generate the call list from the "Copilot" system.

~When you sign in, it tells us exactly who is or was in our building on a given day. And if you normally sign in, but haven't for a while, we know that it might be time to reach out.

FUN FACT!

The month we saw the highest number of participants in attendance at Generations in 2025 was October, followed closely by July and March.