

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pulled Pork, Rice & Green Beans	2 Caesar Chkn Breast, Scalloped Potatoes & Cauliflower	3 Bratwurst, Kraut & Buttered Noodles	4 Hot Turkey Sandwich, Peas, Mashed Potatoes	5 Spaghetti, Meatballs, Asparagus
8 BBQ Chicken, Redskin Potatoes, Cabbage	9 Stuffed Shells, Garlic Spinach	10 Cheese Omelet, Hash Browns, Broccoli	11 Beef Stew, Biscuits, Carrots	12 Vegetable Lasagne, Cauliflower
15 Bacon Mac & Cheese, Stewed Tomatoes	16 Meatloaf, Mashed Potatoes, Cauliflower	17 Happy Birthday! Pork & Sauerkraut, Mashed Potatoes	18 Chili with Cornbread	19 Chicken Breast Cutlet, Scalloped Potatoes, Corn
22 Baked Ziti, Sausage, Asparagus	23 Egg/Potato Casserole, Mixed Vegetables	24 Turkey with Cranberries, Stuffing, Glazed Carrots	25	26
			<b>Generations Closed. Happy Thanksgiving!</b>	
29 Pulled Pork, Rice & Green Beans	30 Caesar Chkn Breast, Scalloped Potatoes & Cauliflower	<b>All menu items are subject to change. We will post applicable updates on our website: <a href="http://www.generationsofiv.org">www.generationsofiv.org</a></b>		



## OUR MEALS


Menu items are listed on the calendar above. We are offering take-out meals (no dine-in option) Monday-Friday. **To register, visit our front desk or call 215-723-5841 at least three business days before the scheduled meal you would like to order.** We cannot guarantee a meal for you without a reservation. To receive a hot meal, you must park and walk in to our main entrance (drive-through service is not offered at this time). Pick up your meal between 11:30am-12pm. Meals picked up after 12pm will be kept cold and will need to be reheated before consumption. Upon arrival, please sign in at our kiosk, and place your anonymous donation in the collection box at our front desk (suggested \$2 for each meal). Masks are required in our building until further notice.

## HAPPY BIRTHDAY

If you have a birthday during the month of November, let us know when you order your take-out meal, and you'll get a special homemade birthday treat on Wednesday, November 17.

## OUR CAFÉ

Our Café is open Mon.-Fri. from 10:00am-1:00pm until further notice for take-out only. Enjoy our à la carte menu and daily specials. No need to order; just stop by! Masks are required in our building until further notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY SUNDAY
<b>1</b> 9:15 LI Aerobics (13) 9:30 Billiards (8) 10:00 Guided Meditation (12) 10:30 Tai Chi (13) 12:30 Dup.Bridge (8) 1:00 Memoirs (9)	<b>2</b> Election Day 9:30 Billiards (8) 9:30 Sit, Stretch, Flex (13) Nail Art Appoint. (6) 1:45 Painting (9)	<b>3</b> 9:30 Billiards (8) 9:30 Meditation/SH (p. 12) 9:30 Dancefit (13) 9:30 Tech Tips (9) 10:00 Bowling (8) 10-Hand & Foot (8) 10:30 Choir Chimes (8) 11:30 Balance & Stability (13) 3:30 Caregivers Support (7)	<b>4</b> 9:30 Billiards (8) 9:30 Sit, Stretch, Flex (13) 10:45 Yardley Inn Trip (14) 1:00 Changes to Medicare (6) 12:45 Pinochle (9)	<b>5</b> 9:15 Flexercise (13) 9:30 Billiards (8) 10:30 Tai Chi (13) 12:30 Mah Jong (9)	<b>6</b>  <hr/> <b>7</b> 
<b>8</b> 9:15 LI Aerobics (13) 9:30 Billiards (8) 10:00 Guided Meditation (12) 10:30 Tai Chi (13) 10:45 Malagari Office Hours (p. 7) 12:30 Dup.Bridge (8) 1:00 Memoirs (9)	<b>9</b> 8:30 Lancaster(14) 9:30 Billiards Home vs Pennridge (8) 9:30 Sit, Stretch, Flex (13) 1:00 Bingo (8) 1:45 Painting (9) 6:30 Bereavement Support (7)	<b>10</b> 9:30 Billiards (8) 9:30 Meditation/SH (p. 12) 9:30 Dancefit (13) 9:30 Tech Tips (9) 10:00 Bowling (8) 10:30 Choir Chimes (8) 11:30 Balance & Stability (13) 1:30Behind the Kitchen Counter (6)	<b>11 Veterans Day</b> 9:30 Billiards (8) 9:30 Sit, Stretch, Flex (13) 10:30 Scrabble (9) 12:45 Pinochle (9) 1:00 Creative Writing (p. 8) 3:30 Board Meeting	<b>12</b> 9:15 Flexercise (13) 9:15 Battleship New Jersey Trip (14) 9:30 Billiards (8) 10:30 Tai Chi (13) 11:00 Liberty Bell Trail Our Backyard.(4) 12:30 Mah Jong (10)	<b>13</b>  <hr/> <b>14</b>
<b>15</b> 9:15 LI Aerobics (13) 9:30 Billiards (8) 10:00 Guided Meditation (12) 10:00 Diabetes Update 2021 (p. 4) 10:30 Tai Chi (13) 12:30 Dup.Bridge (8) 1:00 Memoirs (9)	<b>16</b> 9:30 Billiards Home vs. Arbour Square (8) 9:30 Sit, Stretch, Flex (13) 11:00 Conversations with Generations (p. 8) 1:45 Painting (9)	<b>17</b> Pie Orders Due (2) 9:30 Billiards (8) 9:30 Meditation/SH (p. 12) 9:30 Dancefit (13) 9:30 Tech Tips (9) 10:00 Bowling (8) 10-Hand & Foot (8) 10:30 Choir Chimes (8) 11:30 Balance & Stability (13) Financial Counsel (p. 7)	<b>18</b> 9:30 Billiards (8) 9:30 Sit, Stretch, Flex (13) 10:00 Meet the Author/Book Club (4) 12:45 Pinochle (9) Legal Aid (p. 7)	<b>19</b> 9:15 Flexercise (13) 9:30 Billiards Home vs Arbour Square (8) 12:30 Mah Jong (9) 6:00 Our Volunteer Are Stars Concert Event (5)	<b>20</b> 9:30 Hike: Hawk Mountain (14)  <hr/> <b>21</b>
<b>22</b> 9:15 L.I.Aerobics(13) 9:30 Billiards (8) 10:00 Guided Meditation (12) 10:30 Tai Chi (13) Hearing Checks (12) 12:30 Dup.Bridge (8) 1:00 Memoirs (9)	<b>23</b> 9:30 Billiards Home vs Pennridge (8) 9:30 Sit, Stretch, Flex (13) 1:00 Bingo (p. 8) 1:45 Painting (9)	<b>24</b> 9:30 Billiards (8) 9:30 Meditation/SH (p. 12) 9:30 Dancefit (13) 9:30 Tech Tips (9) 10:00 Bowling (8) 10:30 Trivia Time (6) Nail Art Appt. (6) 10:30 Choir Chimes (8) 11:30 Balance & Stability (13)	<b>25</b> <div style="border: 1px solid black; background-color: #f08080; padding: 5px; text-align: center;"> <b>Generations Closed. Happy Thanksgiving!</b> </div>	<b>26</b>	<b>27</b>  <hr/> <b>28</b>
<b>29</b> 9:15 L.I. Aerobics (13) 9:30 Billiards (8) 10:00 Guided Meditation (12) 10:30 Tai Chi (13) 12:30 Dup.Bridge (8) 1:00 Memoirs (9)	<b>30</b> 9:30 Billiards (8) 9:30 Sit, Stretch, Flex (13) 10:30 AMT Trip (14) 1:45 Painting (9)	<div style="border: 1px solid black; background-color: #f08080; padding: 10px;"> <b>The number after the program listing indicates on which page of the newsletter more information can be found.</b> </div>			

## SCHEDULE ANNOUNCEMENTS:

- As a friendly reminder, we follow Souderton Area School District for WEATHER related closings and delays.
- We will be closed on Thursday, November 25 & Friday, November 26. Happy Thanksgiving!

**All programs are subject to change. We will post applicable updates on our website: [www.generationsofiv.org](http://www.generationsofiv.org)**