


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Sloppy Joe; Loaded Potato Salad; Pickles; Fruit	3 Baked Haddock with Lemon Caper Sauce; Wild Rice; Broccoli; Whole Wheat Roll	4 Pulled Pork on a Corn Bread Waffle with BBQ Drizzle; Fresh Fruit	5 Pierogi Pie with Caramelized Onions, Bacon, & Sour Cream; Green Salad	6 Italian Chicken Stew; Garden Salad; Whole Wheat Roll
9 Beef & Veggie Pie with Cheddar Biscuit Top; Fresh Fruit	10 Baked Eggplant Parm.; Tossed Green Salad; Whole Wheat Roll	11 Wild Caught Salmon Filet with Peach & Pineapple Salsa; Oven Roasted Sweet Potatoes; Garlic Green Beans	12 Chix. Cheesesteak Flatbread with Sautéed Mushrooms, Onions, & Zesty Ketchup Drizzle; Mixed Greens Salad	13 Chef's Salad with Ham, Turkey, Swiss, Hard Boiled Egg, & House Vinaigrette; Whole Wheat Roll
16 Ham & Swiss Sliders with Shaved Brussels Sprouts Salad; Fruit	17 Stuffed Baked Potato with Broccoli, Ham, & Cheddar Sauce; Garden Salad; Fruit	18 Happy Birthday! Chicken Marsala served Over Wild Rice with Broccoli	19 Seafood Mango Salad over Greens; Whole Wheat Roll	20 Roasted Veggie Frittata with Sweet Potato Fries & Fresh Fruit
23 Monte Cristo Sandwich; Garden Salad; Fresh Fruit	24 Baked Ravioli with Beef Bolognese & Mozzarella; Caesar Salad; WW Roll	25 Red White & Blue Celebration - Special Meal/Event/Price (details on p. 6)	26 BLT Quiche; Greek Salad; Fresh Fruit	27 Chicken Salad Stuffed Tomato on Greens; Whole Wheat Roll; Fruit
30 Closed  REMEMBER AND HONOR	31 Pulled Pork on a Corn Bread Waffle with BBQ Drizzle; Fresh fruit	<p>All menu items are subject to change. We will post applicable updates on our website: www.generationsofiv.org</p>		

OUR MEALS

Menu items are listed on the calendar above. Our indoor noon meal has returned! Take out meals are still available by request. **To register for either dine-in or take out, visit our front desk or call 215-723-5841 at least three business days before the scheduled meal you would like to order.** We cannot guarantee a meal for you without a reservation. To receive a take-out meal, you must park and walk in to our main entrance between 11:30am-12pm. Upon arrival, please sign in at our kiosk, and place your anonymous donation in the collection box at our front desk (suggested \$2 for each meal). Masks wearing is now optional.

HAPPY BIRTHDAY

If you have a birthday during the month of May, let us know when you order your meal, and you'll get a special homemade birthday treat on Wednesday, May 18.

OUR CAFÉ

Our Café is open Mon.-Fri. from 10:00am-1:00pm for dine-in or take-out. Enjoy our à la carte menu and daily specials. No need to order; just stop by!

PROGRAM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY SUNDAY
<p>The number after the program listing indicates on which page of the newsletter more information can be found.</p>		<p>All programs are subject to change. We will post applicable updates on our website: www.generationsofiv.org</p>			<p>APR. 30</p>
<p>2 9:15 LI Aerobics(13) 9:15 Release & Restore Yoga (12) 9:30 Billiards (8) 10:00 Meditation (12) 10:30 Tai Chi (13) 12:30 Dup.Bridge (8) 1:00 Memoirs (9) 1:00 Choraleers (8) Bucks-Mont Golf (8)</p>	<p>3 9:30 Billiards Home vs Hillview (8) 9:30-10:30 Richter Shred Truck (6) 9:30 Sit, Stretch, Flex (13) 9:30 Hand & Foot (8) 11:30-1 Haircuts by Appt. (12) 1:45 Painting (9)</p>	<p>4 9:00 Shuffleboard (9) 9:30 Billiards (8) 9:30 Meditation/SH (p. 12) 9:30 Dancefit (13) 10:00 Bowling (8) 10:30 Choir Chimes (8) 11:30 Walking Club (13) 3:30 Caregivers Support (7)</p>	<p>5 9:30 Billiards (8) 9:30 Sit,Stretch,Flex (13) 10:00 Scrabble (9) 11:00 Coyote Crossing Trip (14) 12:45 Pinochle (9) PA Medi Appt. (7)</p>	<p>6 9:30 Billiards Home vs Brittany Pointe (8) 9:15 Flexercise (13) 10:30 Tai Chi (13) 12:30 Mah Jong (9)</p>	<p>7</p> <hr/> <p>8 Happy Mothers Day!</p>
<p>9 9:15 LIAerobics(13) 9:15 Release & Restore Yoga (12) 9:30 Billiards (8) 10:00 Meditation (12) 10:30 Tai Chi (13) 10:45 Malagari Office Hours (p. 7) 12:30 Dup.Bridge (8) 1:00 Memoirs (9) 1:00 Choraleers (8) Bucks-Mont Golf (8)</p>	<p>10 Billiards Away vs Pennridge (8) 9:30 Sit, Stretch, Flex (13) 9:30 Hand & Foot (8) 9:30 Hunterdon Hills Trip (14) 1:00 Bingo (8) 1:45 Painting (9) 6:30 Bereavement Support (7)</p>	<p>11 9-Shuffleboard (9) 9:00 Balance & Stability (13) 9:30 Billiards (8) 9:30 Meditation/SH (p. 12) 9:30 Dancefit (13) 10:00 Bowling (8) Choir Chimes to Indian Creek Foundation (8)</p>	<p>12 9:30 Billiards (8) 9:30 Sit, Stretch, Flex (13) 11-Mats that Matter(9) 12:45 Pinochle (9) 1:00 Creative Writing (p. 8) 3:30 Board Meeting 4:45 Iron Pigs Game Trip (14)</p>	<p>13 9:30 AARP Safe Driving 9:30 Billiards Home vs Arbour Square (8) 9:15 Flexercise (13) 10:00 Trivia at Ten (6) 10:30 Tai Chi (13) 12:30 Mah Jong (9) Choraleers to Spring Street Center</p>	<p>14</p> <hr/> <p>15</p>
<p>169:15LI Aerobics(13) 9:15 Release & Restore Yoga (12) 9:30 Billiards (8) 10:00 Meditation (12) 10-911 Stroke! (p. 4) 10:30 Tai Chi (13) 12:30 Dup.Bridge (8) 1:00 Memoirs (9) 1:00 Choraleers (8) Bucks-Mont Golf (8)</p>	<p>17 9:30 Billiards (8) 9:30 Sit, Stretch, Flex (13) 9:30 Hand & Foot (8) 11:00 Conversations with Generations (8) 11:30-1 Haircuts by Appt. (12) 1:45 Painting (9)</p>	<p>18 9-Shuffleboard (9) 9:30 Billiards (8) 9:30 Meditation/SH (p. 12) 9:30 Dancefit (13) 10:00 Bowling (8) 10:30 Choir Chimes (8) 11:30 Walking Club (13) Financial Counsel (p. 7)</p>	<p>19 9:30 Billiards (8) 9:30 Sit, Stretch, Flex (13) 10:00 Scrabble (9) 10:00 Cooking Demo with Teri: Summer Salads (5) 12:45 Pinochle (9) Legal Aid (p. 7)</p>	<p>20 9:30 AARP Safe Driving 9:30 Billiards Home vs Norm. Farms (8) 9:15 Flexercise (13) 10:00 Volunteer Workshop: Snack Bags (6) 10:30 Tai Chi (13) 12:30 Mah Jong (9)</p>	<p>21 10:30 Lambertville Station Trip (14)</p> <hr/> <p>22</p>
<p>239:15 LIAerobics(13) 9:15 Release & Restore Yoga (12) 9:30 Billiards (8) 10:00 Meditation (12) 10:30 Tai Chi (13) 12:30 Dup.Bridge (8) 1:00 Memoirs (9) 1:00 Choraleers (8) Bucks-Mont Golf (8)</p>	<p>24 Billiards Home vs Pennridge (8) 9:30 Sit, Stretch, Flex (13) 9:30 Hand & Foot (8) 1:00 Bingo (8) 1:45 Painting (9)</p>	<p>25 9-Shuffleboard (9) 9:00 Balance & Stability (13) 9:30 Billiards (8) 9:30 Meditation/SH (p. 12) 9:30 Dancefit (13) 10:00 Bowling (8) Choir Chimes to Normandy Farms (8) 12:00 Red, White & Blue Picnic(6)</p>	<p>26 9:30 Billiards (8) 9:30 Sit, Stretch, Flex (13) 10:30 Meet the Author/ Book Club (4) 11- Mats that Matter (9) 11:00 Pines Theater Trip (14) 12:45 Pinochle (9) 1:00 Creative Writing (p. 8)</p>	<p>27 9:15 Flexercise (13) 9:30 Billiards (8) 10:30 Tai Chi (13) 12:30 Mah Jong (9)</p>	<p>28</p> <hr/> <p>29</p>
<p>30 Closed ★★★★★ MEMORIAL DAY REMEMBER AND HONOR</p>	<p>31 Billiards Home vs Pennridge (8) 9:30 Sit, Stretch, Flex (13) 9:30 Hand & Foot (8) 1:45 Painting (9)</p>	<p>SCHEDULE ANNOUNCEMENTS:</p> <ul style="list-style-type: none"> Generations will be closed on Memorial Day (Monday, May 30). 			