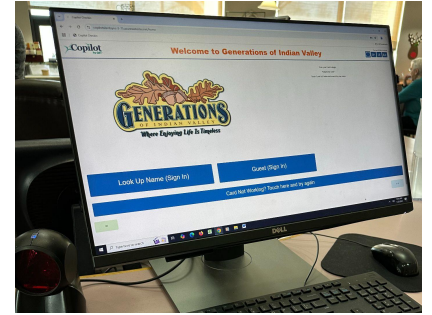


## Welcome to “H.O.M.E.”

### Helping Organize Meaningful Experiences

We are thankful that you are here! Generations of Indian Valley is a place of welcome and friendship for active adults. We are a community of people committed to learning, growing and giving mutual support to one another.

Generations is a gathering place where the needs and joys of the community can be shared. The staff, volunteers and our participants embrace a spirit of partnership and caring which lasts . . . from generation to generation.



SIGN IN at one of our entrance kiosks every time you stop by!

### OCT/NOV HIGHLIGHTS:

Look for more details in our full newsletter about these upcoming special events. (The number after the event is the newsletter page where you can find more information).

Massage Mondays call Jim to schedule: 570-449-9466 (12)

Thursdays: Counseling for Every Day Struggles and Beyond (7)

Update: Acupuncture is now held Mondays at 11am! (12)

Tuesdays in Oct.: History of Modern State of Israel (4)

Fridays in Oct/Nov: One-Stroke Acrylic Painting Class (4)

Wednesdays in Oct/Nov: Beginner Knitting (5)

10/17: Gift Card Raffle Drawing (2)

10/17: Wellness Hub (3)

10/20: Mens & Womens Health (4)

10/22: Boscov's Discount Day (5)

10/24: Music Bingo (4)

10/31: Halloween Fun! (1)

11/5: Holiday Wreath Making (3)

11/6: Dialogue w/o Frontiers (5)

11/6, 1pm: Changes to Medicare (see Emily Filice to register)

11/7: Digital Literacy (5)

11/7-12/6: Basket Raffle Fundraiser (1)

11/13: Book Club: The Art Thief

11/14: Name That Tune (5)

11/19: Family Feud Games (6)

11/21: Flashbulb Memory Social (3)

11/24: iPhone Basics Class

11/25: Build a Bouquet (6)

11/26: Listen Up Benefit Concert with Shannon & Cayden (6)

11/26: Savory Moments Cornucopia Charcuterie Make & Take (5)

12/6: Reindeer Run Fundraiser!

### NOTES:

We have Generations H.O.M.E. Team volunteers should you need **assistance getting acquainted** with our community center. **H.O.M.E. is an acronym for “Helping Organize Meaningful Experiences.”** Team members can help you find your way around, grab a seat at our noon meal or find answers to questions you may have. Join us for a special “Flashbulb Memory Social” hosted by the H.O.M.E. team on Friday, 11/21. See p. 3 of the full newsletter.

Please remember to **sign in** upon arrival, even if you're just stopping by for a visit.

Within your first month of joining, please stop by and see Donna, Amy, or Emily to **get your photo taken and receive your name tag.** (It's just for identification - we won't share or post it).

Please note our **payment policies** for both in-house events (p. 1) and trips (p. 15) in our full newsletter.

### NEW PARTICIPANTS:

Carolyn Bach  
Elfriede Benner  
Marcia Brown  
Helen Case  
Margaret Chiffens-Casagrand  
Karen Clymer  
Amy Cummings-Leight  
Jane Dawson  
Robin Deibler  
Philip Dennis  
Bernard Dehmelt Jr.  
Maxine Detweiler  
Brenda Ditalia  
Beth Frankenfield  
Durell Frankenfield

Cindy Grazioso  
Marie Hazelton  
Liz Herman  
Charles Keller  
Janice Keller  
Terri Kuenzer  
Cindy Landis  
Judy Linberger  
Greg Landis  
Vicky Mazzocca  
Gertrude McKendrick  
Liz McNutt  
Bobbie Miller  
Deborah Miller  
Donna Mower  
Alda Parris  
Valorie Sanders  
Sarah Snyder  
Janice Spillane  
Mary Ziller

Participants on our H.O.M.E. Team are available to give tours, attend programs, answer questions, or just chat! If you would like to be contacted by someone on our H.O.M.E. Team, please let us know!

# The Comforts of H.O.M.E.

## Helping Organize Meaningful Experiences

### What Feelings Come to Mind When You Think about Generations?



Belonging. People say hello even if you've never met them before. The staff and volunteers are always ready to help. Lots of warm fuzzies. I always worked a lot of hours – usually two or three jobs at once. I didn't have or take time for myself. I'm taking that time now and I'm really enjoying it. It's not too late. You'll meet a lot of nice people who are about your age. Everyone probably goes for a different reason but when we're all together, it works! You can volunteer to help out or it just gets you out of your home for a while. You'll find yourself talking, laughing, and making friends.

~Generations Participant Annie M.

### FREQUENTLY ASKED QUESTIONS

**Q: What is the fee for membership?**

**A:** First, we call you "participants," not members. We ask for a voluntary contribution upon joining (suggested \$20). We then send out requests for additional voluntary contributions throughout the year. In accordance with our contract with Montgomery County Office of Aging Services, we don't tie your participation here to a membership fee.

**Q: Where does your funding come from?**

**A:** Part of our funding comes from the Montgomery County Office of Aging Services. Additional funding is provided by foundation grants, municipal support, fundraising projects/events, corporate contributions and YOUR individual contributions.

**Q: What are the requirements for joining?**

**A:** Participants must be 55 years of age or older, able to comport themselves in an appropriate and non-disruptive manner, and able to exit our building and handle all cognitive, toileting, and personal care needs independently. Participants who cannot meet these requirements are welcome to bring a companion to assist them during their visit. Our staff and volunteers are unable to provide direct care or 1:1 support for participants.

**Q: What other fees are involved?**

**A:** Many of our programs are offered for free, at a low cost, or by voluntary donation. Fees for certain special events, fundraisers, trips, and programs may apply. If a fee applies, it will be noted in the event listing in our full newsletter.

### WHY DO WE DO THAT?

**Why do we ask you to sign in?**

~It helps us with our funding! When we apply for grants and various funding, we pull participation data – such as volunteer hours, number of people who visited the Cafe, and even how many people came for a card game – directly from the "Copilot" system where you sign in.

~When we send out an "auto call" for a reminder or cancellation, we often generate the call list from the "Copilot" system.

~When you sign in, it tells us exactly who is or was in our building on a given day. And if you normally sign in, but haven't for a while, we know that it might be time to reach out.

### FUN FACT!

We collected over \$5000 worth of donations for our basket raffle all thanks to the generosity of local businesses, community supporters, and our participants! Wait until you see how beautiful and enticing these baskets are! Tickets available Nov. 7 - Dec. 6.